



Hope Restored Graduate Reset Overview

Abba House Hope Restored program is a minimum six-month regeneration program. It is offered to graduates who, some time ago, had been through Abba House, graduated, and are experiencing a relapse that has led to a major setback in their recovery journey. This is an accelerated and intense program designed to help them reconnect with God, yourself, and others.

Requirements:

1. Sobriety and the ability to pass a drug screen is preferred to enter the Hope Restored program. However, if a substance has been abused, you will need to seek treatment at a detox facility before arriving. **Abba House IS NOT A DETOX FACILITY.**
2. Be vulnerable, humble, and transparent about what is going on in your life and how you arrived in the situation that is bringing you to apply for the Hope Restored program.
3. Relationships are a primary part of this process, we ask that you maintain accountability with peers and staff in your thoughts, beliefs, feelings, and actions while you are here.
4. Attend all groups, classes, complete assignments on time. Follow all dietary and program rules and guidelines.
5. Be flexible, respectful, and open to the women and children currently in the program, the leadership and the progression Abba House has made, is making, and will be making.

Guidelines

1. This is a minimum six-month program.
2. After six months we will reassess and discuss the next steps.
3. When you begin, you are expected to adhere to the basic program protocol and rules, no matter your previous program at Abba House. You are starting over for the moment.
4. Contact with the outside world during the first 90 days is dependent on the needs of the graduate. Communication with children is on a case-by-case basis (See program rules for more information).
5. There are no passes with anyone for any reason during the first four months. Contact will be given when it's time, with an approved contact list.
6. Upon arrival, the intake process is the same as the basic program. All your belongings will be gone through, and a Personal Property Inventory will be completed. All excess clothing will be given to your family, or whoever brought you to Abba House.
ABBA HOUSE DOES NOT HOLD YOUR EXTRA BELONGINGS.



7. A drug test will be administered, and contraband will be discarded. Car keys, money, and all media devices will be turned into staff at intake. These items may be held by staff in your file or sent home with your family.
8. There is no special treatment of any kind. Your previous time at ABBA house happened, however, you are here to learn, reassess, and heal. No power trips or bringing up your past experiences at ABBA house, who you used to be, what you did, and or how you did it. No war stories. You need to trust and be respectful of others' programs. If this is an issue you will be asked to leave.
9. You are expected to follow Abba House program and dietary rules and guidelines.
10. Controlled prescription medications are not permitted.
11. Any open legal matters must be postponed.
12. Any future appointments for things such as medical, dental, and or optical must be handled all before entering the program.
13. Personal vehicles are not permitted to be left on property during your hope restored program. Arrangements should be made prior to coming in.

Options After 6-month Program:

1. Transition program (which includes finding employment, or going to college, or tech school).
2. Ministry training program.
3. Exit and go back to life.

Note: ABBA house does not guarantee transition, ministry training, or any other opportunities to stay beyond the six months. We reserve the right to dismiss any student for any reason at any time.

I understand the requirements, guidelines, and everything expected of me in my 6-month program. I will fully participate in the six-month hope restored regeneration program ABBA House is offering and agree to submit to the guidelines set forth by ABBA House.

Print form and sign at intake.

Printed Name: _____ Date: _____

Signature: _____ Date: _____

Intake Coordinator: _____ Date: _____